

PCBD1 gene

pterin-4 alpha-carbinolamine dehydratase 1

Normal Function

The *PCBD1* gene provides instructions for making an enzyme called pterin-4 alpha-carbinolamine dehydratase. This enzyme helps carry out one step in the chemical pathway that recycles a molecule called tetrahydrobiopterin (BH₄).

Tetrahydrobiopterin plays a critical role in processing several protein building blocks (amino acids) in the body. For example, it works with the enzyme phenylalanine hydroxylase to convert an amino acid called phenylalanine into another amino acid, tyrosine. Tetrahydrobiopterin is also involved in reactions that produce chemicals called neurotransmitters, which transmit signals between nerve cells in the brain. Because it helps enzymes carry out chemical reactions, tetrahydrobiopterin is known as a cofactor.

When tetrahydrobiopterin interacts with enzymes during chemical reactions, the cofactor is altered and must be recycled to a usable form. Pterin-4 alpha-carbinolamine dehydratase is one of two enzymes that help recycle tetrahydrobiopterin in the body.

Health Conditions Related to Genetic Changes

Tetrahydrobiopterin deficiency

At least nine mutations in the *PCBD1* gene have been found to cause tetrahydrobiopterin deficiency. When this condition results from *PCBD1* gene mutations, it is known as pterin-4 alpha-carbinolamine dehydratase (PCD) deficiency. PCD deficiency accounts for about 5 percent of all cases of tetrahydrobiopterin deficiency.

Some mutations in the *PCBD1* gene change single amino acids in pterin-4 alpha-carbinolamine dehydratase, while other mutations introduce a premature stop signal in the instructions for making this enzyme. Changes in pterin-4 alpha-carbinolamine dehydratase reduce the enzyme's activity, which affects the body's ability to recycle tetrahydrobiopterin. As a result, less of this cofactor is available to participate in chemical reactions such as the conversion of phenylalanine to tyrosine. If phenylalanine is not converted to tyrosine, the excess can build up in the bloodstream and other tissues.

Although people with PCD deficiency usually have elevated levels of phenylalanine in the blood, this form of tetrahydrobiopterin deficiency rarely causes significant medical

problems. Researchers believe that other enzymes may compensate for the reduced activity of pterin-4 alpha-carbinolamine dehydratase in people with *PCBD1* gene mutations.

Other Names for This Gene

- 4-alpha-hydroxy-tetrahydropterin dehydratase
- 6-pyruvoyl-tetrahydropterin synthase/dimerization cofactor of hepatocyte nuclear factor 1 alpha (TCF1)
- Carbinolamine-4a-dehydratase
- DCOH
- Dimerization cofactor of hepatocyte nuclear factor 1-alpha
- Dimerization cofactor of HNF1
- PCBD
- PCD
- Phenylalanine hydroxylase-stimulating protein
- PHS_HUMAN
- Pterin carbinolamine dehydratase
- pterin-4 alpha-carbinolamine dehydratase/dimerization cofactor of hepatocyte nuclear factor 1 alpha
- pterin-4 alpha-carbinolamine dehydratase/dimerization cofactor of hepatocyte nuclear factor 1 alpha (TCF1)
- Pterin-4-alpha-carbinolamine dehydratase
- Pterin-4a-carbinolamine dehydratase (dimerization cofactor of hepatic nuclear factor 1-alpha)

Additional Information & Resources

Tests Listed in the Genetic Testing Registry

- Tests of PCBD1 ([https://www.ncbi.nlm.nih.gov/gtr/all/tests/?term=5092\[geneid\]](https://www.ncbi.nlm.nih.gov/gtr/all/tests/?term=5092[geneid]))

Scientific Articles on PubMed

- PubMed (<https://pubmed.ncbi.nlm.nih.gov/?term=%28%28pterin-4+alpha-carbinolamine+dehydratase%5BTIAB%5D%29+OR+%28carbinolamine-4a-dehydratase%5BTIAB%5D%29+OR+%28PCBD+NOT+bile%5BTIAB%5D%29+OR+%28PCBD1%29%29+AND+english%5Bla%5D+AND+human%5Bmh%5D>)

Catalog of Genes and Diseases from OMIM

- PTERIN-4-ALPHA-CARBINOLAMINE DEHYDRATASE 1; PCBD1 (<https://omim.org/entry/126090>)

Gene and Variant Databases

- NCBI Gene (<https://www.ncbi.nlm.nih.gov/gene/5092>)
- ClinVar ([https://www.ncbi.nlm.nih.gov/clinvar?term=PCBD1\[gene\]](https://www.ncbi.nlm.nih.gov/clinvar?term=PCBD1[gene]))

References

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Genomic Location

The *PCBD1* gene is found on chromosome 10 (<https://medlineplus.gov/genetics/chromosome/10/>).

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